



MICHIPICOTEN FIRST NATION



Community Flyer



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Monday, May 9, 2016



~ Do what makes you happy ~
 ~ Be with those that make you smile ~
 ~ Laugh as much as you breathe ~
 ~ Love as long as you live ~



~2016~	Monday May 9	Tuesday May 10	Wednesday May 11	Thursday May 12	Friday May 13	Saturday May 14	Sunday May 15
<u>Weather Conditions</u> 6am-6pm							
	Sunny	Sunny	Sunny	Cloudy with showers	Mainly cloudy	Chance of a shower	Mainly sunny
<u>High</u>	14°C	18°C	19°C	19°C	6°C	4°C	11°C
<u>Low</u>	1°C	2°C	9°C	6°C	0°C	1°C	4°C
<u>24 hr rain</u>	—	—	—	~5 mm	—	<1mm	—

WANTED

We are looking for *donations* on any household items that you may have and are no longer using, (gently used or new)

It is to *help fundraise* for the "Annual Youth & Elders Gathering"



We will have a Bingo's weekly,
(Each Sunday @ 3pm)
Complex



For more information, please contact:
Roberta Day @ (705)856-1993 ext 233

**Thanks for
Donating!**

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Dilico Health Services Diabetes Program



In-home and community based services committed to clients who require diabetes education for prevention of diabetes and diabetes care for individuals diagnosed with pre-diabetes, diabetes and gestational diabetes.



A1C lab testing available.
Receive your result within minutes.

Visit Dilico's Diabetes Educator at the Michipicoten First Nation Health Centre:

When: June 14, 2016 3:00pm-4:30pm

June 15, 2016 9:00am-4:30pm

Call Lena 856-1993 ext 224 to book a visit with the Diabetes Educator.



Cultural Awareness Day



with Will Morin

@ the Cultural Lodge

9:00 am - 3:00 pm

May 20th, 2016



~Circle Of Life Teachings~

(COLT) with Laverne Lewis



**SUNDAY'S - 10am-Noon
@ the Cultural Lodge!**

~Healing and Wellness~

Breakfast meetings

(One per month- 1st sunday only!)

Next one is June 5/16

Begins at 9am

**The Circle of Life Teachings will be
cancelled for Sunday, May 22, 2016**

"Sorry for any inconvenience"

EVERYONE WELCOME!

MFN Van will be available- call for a ride (705)852-0404



SHOW ME HOW & LET'S DO IT!

* MINI CRAFTS *

~sun catchers, garden deco
and art pendants~



****Wednesday, May 11, 2016****

4-5:30PM @ the Cultural Lodge!

EVERYONE WELCOME!

**SIGN UP- Please call 705-856-7354 or
705-856-1993 ext 219, for more info.**

ART CONTEST

What does Michipicoten First Nation mean to you?

We are seeking a design to represent Michipicoten First Nation for Dilico's Community Quilt Project.

One design will be chosen to be featured on the quilt. There will also be a prize for the winner!

We have an 11x11 inch square to work with. We can bead it, paint it, sew it, quilt it, use porcupine quills, birch bark, or get creative with any other mediums you may have in mind.



Deadline: May 15th, 2016



Please write a brief explanation about your design along with your contact information.

Submit your designs to Christina at cbekintis@michipicoten.com or drop it off at the health centre.

If you would like more information about the project & contest, feel free to call Christina at 705-856-1993 ext. 226 or send me an e-mail!

Health Canada - First Nations & Inuit Health
22 Bay Street, 1st Floor
Sault Ste Marie ON P6A 5S2

April 27, 2016

Chief Joseph Buckell,
Michipicoten First Nation,
P. O. Box #1, R. R. #1, Site 8
Wawa, Ontario P0S 1K0

Dear Chief Buckell,

Re: QUARTERLY ANALYSIS OF COMMUNITY DRINKING WATER - 2016

Drinking water samples are collected from the community distribution system on a quarterly basis to monitor for the presence of chlorine by-products - trihalomethanes and haloacetic acids, as well as the presence of nitrate/nitrite.

Trihalomethanes (THM) and **Haloacetic acids (HAA)** are chlorine by-products that can form when chlorine is used to disinfect drinking water. These by-products occur when chlorine reacts with naturally occurring dissolved organic matter in the raw water source, typically surface water.

The Maximum Allowable Concentration (MAC) for THM's and HAA's in drinking water is **100ug/L** and **80ug/L**, respectively, as defined in the *Guidelines for Canadian Drinking Water Quality, 2014 (GCDWQ)* and the *Ontario Drinking Water Quality Standards, O-reg 169/03 (ODWS)*. **Results are based on a running average of quarterly samples** collected at the water plant, and at the point in the distribution system where there is the highest potential concentration of THM's and HAA's.

The results for this quarter, along with the running average are as follows,

Quarterly Analysis – Total THM's and HAA's

Water Plant		
Sample Date	Total THM (ug/L)	Total HAA (ug/L)
January 6, 2016	7.8	6.2
April 12, 2016	5.5	7.1
Quarterly Average	6.7	6.7

Carpentry Shop		
Sample Date	Total THM (ug/L)	Total HAA (ug/L)
January 6, 2016	8.8	7.3
April 12, 2016	6.2	5.4
Quarterly Average	7.5	6.4

Results currently meet the Maximum Allowable Concentration (MAC) as defined in the "*Guidelines for Canadian Drinking Water Quality, 2014* and the "*Ontario Drinking Water Quality Standards, O-reg 169/03*.