



MICHIPICOTEN FIRST NATION



Community Flyer



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| Diabetes Bingo | 2 |
| Circle of Life Teachings (COLT) | 3 |
| Show Me How-Rock Collages | 4 |
| Learn to Line Dance | 5 |
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Monday, March 28, 2016



Believe in **YOURSELF** and all that you are!!!



| ~2016~ | Monday Mar 28 | Tuesday Mar 29 | Wednesday Mar 30 | Thursday Mar 31 | Friday Apr 1 | Saturday Apr 2 | Sunday Apr 3 |
|--------------------------------------|-----------------------|-------------------|---------------------|--------------------|-----------------------|-------------------|-----------------------|
| Weather Conditions 6am-6pm | | | | | | | |
| | A mix of sun & clouds | Sunny | Light rain | Snow | A mix of sun & clouds | A few flurries | A mix of sun & clouds |
| High | 3°C | 4°C | 4°C | 0°C | -1°C | -4°C | -9°C |
| Low | -1°C | 1°C | 0°C | -7°C | -10°C | -17°C | -18°C |
| 24 hr snow | — | — | — | 10 cm | — | 1 cm | — |

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TUESDAYS
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6:30PM
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BE THERE
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We have our **Poker Loppett** at the Medical Centre, to help fundraise for the Youth & Elders Gathering.

\$2.00 per play - Come out to try your luck, only the high hand wins.

Everyone welcome!



Diabetes Bingo

Thursday, April 14, 2016

6:30pm



~ Snacks available ~

United Church Thrift Shop

begins on:

Thursday, April 21, 2016 @ 5pm

Something for everyone!!



Medical Van / Passenger Van

If you require transportation to town please call

(705)856-1993 ext # 229

The answering machine will come on, please leave your message of when and where you would like to be picked up. The driver will check the messages before leaving the Medical Centre.

Please do not call the front desk or your message may not reach the driver.

~Circle Of Life Teachings~

(COLT) with Laverne Lewis



SUNDAY'S-
Next session:
April 3 (10am-Noon)
@ the Cultural Lodge!

~Healing and Wellness~

♥ Breakfast meetings- ♥
(One per month- 1st sunday only!)
Beginning *April 3 @ 9am*

EVERYONE WELCOME!

MFN Van will be available- pick up 8:30am @medical centre!

BestStartHub
CarrefourMeilleurdépart
Cooperating Children and Families with Community Services of Lakeshore
Partenariat des enfants et des familles avec les services de la région des lacshores



superior children's centre
centre supérieur d'enfants

SHOW ME HOW &
LET'S DO IT!

ROCK COLLAGES



****WEDNESDAY, March 30, 2016****
4-5:30PM @ the MFN Library!

EVERYONE WELCOME!

SIGN UP- Please call 705-856-7354 or
705-856-1993 ext 219, for more info.



**ENJOY THE
MUSIC!**

GET IN LINE
LEARN TO LINE DANCE
with Christine Rask
Wawa fitness, dance
and yoga teacher.

MARCH 29/31, 2016

4:30-5:15pm

@ the Complex



I'm doing the Happy Dance!

Dilico Health Services Diabetes Program



In-home and community based services committed to clients who require diabetes education for prevention of diabetes and diabetes care for individuals diagnosed with pre-diabetes, diabetes and gestational diabetes.



**A1C lab testing available.
Receive your result within
minutes.**

Visit the Diabetes Educators at the Michipicoten Health Centre:

When: April 5th & 6th, 2016

From: April 5th 3:00pm – 5:00pm

April 6th 9:00am – 4:30pm

Call Lena at 856-1993 ext. 224 to book a visit with the Diabetes Educator.



Anishinabek Family Care

Dilico Health Services Diabetes Program Foot Care Clinic

Dilico's Diabetes Health Program is offering an advanced foot care clinic.

Date: Wednesday April 6, 2016

Time: 9:00am to 4:30pm

Place: Michipicoten First Nation Health Clinic



Please contact Lena at the Michipicoten Health Centre to book an appointment .

Foot care available for anyone living on the First Nation.

Ratification Communication Information Session

**Thursday, April 7, 2016
Michipicoten First Nation
Ten-plex**

1:00 P.M. to 4:00 P.M.

Presentations on the First Nation Educational Landscape, Anishinabek Approach to Education – Education Negotiations Overview, The Proposed Anishinabek Education System, and First Nation Constitution Requirement

**All Michipicoten First Nation Citizens!
Get involved, join the discussion.
Get prepared to cast your vote on the proposed
Anishinabek Education System—November 28, 2016!**

For more information please contact
Murray Waboose at (807) 623-8887,
toll free at 1-877-409-6850 or email at
murray.waboose@anishinabek.ca



Anishinabek



For over 20 years, the Anishinabek First Nations have been working towards the establishment of the Anishinabek Education System (AES). The negotiations of the Anishinabek Nation Education Agreement are now completed and moving forward to Ratification.

The Proposed Anishinabek Education System:

- is about Anishinabek control over Anishinabek Education;
- is a system of local, regional and central education structures that will support a culture of learning for First Nations students;
- will provide culturally appropriate curriculum for student success;

Ratification Communications Campaign:

In January 2016, a number of Regional and First Nation Community meetings were held to build Anishinabek First Nation citizens' awareness and knowledge of the Education Agreement and the proposed Anishinabek Education System.

For more information:

- Attend the upcoming education information meetings
- Provide your mailing address to your First Nation to ensure mail-outs reach you
- Visit www.sayyestoaes.ca
- Call 705-497-3799 or Toll-Free 1-877-497-3799
- Follow the Anishinabek Nation on Twitter @AnishNation or on Facebook at Anishinabek Nation

All Anishinabek Citizens! Get involved, join the discussion! Get prepared to cast your vote on the proposed Anishinabek Education System - November 28, 2016 to December 2, 2016!



AGENDA

Education Ratification Information Session

*Michipicoten First Nation
Ten-plex*

*Thursday, April 7, 2016
1:00 P.M. to 4:00 P.M.*

1. Ngo Dwe Waangizid Anishinaabe – One Anishinaabe Family
2. Opening and Introductions
3. Purpose of this Meeting – Background and Objective
4. Review Information Kit Material
5. Education Video
6. First Nation Educational Landscape
7. Anishinabek Approach to Education
8. The Proposed Anishinabek Education System
9. First Nation Constitution Requirement
10. Questions and Answers
11. Next Steps – Meeting Evaluations and Review Ratification Timeline