



MICHIPICOTEN FIRST NATION



Community Flyer



Fall Begins– Tuesday, September 22, 2015

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Monday, September 21, 2015

Affirmation for the week

I choose happiness, success, and abundance in my life.

~2015~	Monday Sept 21	Tuesday Sept 22	Wednesday Sept 23	Thursday Sept 24	Friday Sept 25	Saturday Sept 26	Sunday Sept 27
Weather Conditions 6am-6pm							
	Sunny	A few showers	Chance of a shower	A mix of sun & clouds	Sunny	Sunny	Mainly sunny
High	19°C	16°C	17°C	14°C	14°C	16°C	17°C
Low	15°C	7°C	8°C	6°C	7°C	11°C	13°C
24 hr rain	—	2-4mm	5-10mm	—	—	—	—

BINGO NIGHT ON THE REZ!

TUESDAY EVENING BINGO SOCIAL

10-PLEX COMMON ROOM

At 6:30pm

**SEE
YOU
THERE!**

Only 16 years of age and older please.

All Band Buildings Closed

All MFN Buildings will be closed on Tuesday, September 22, 2015 so that all staff may attend the Cultural Archaeological Artifacts Ceremony.

Tuesday Evening Bingo will be cancelled on

Tuesday, September 22, 2015

Due to the Archaeological Artifacts Ceremony.

We will resume on

Tuesday, September 29, 2015 @ 6:30pm

Community Breakfast

Thursday, September 24, 2015

7:30am at the Band Hall

All Welcome!





MICHIPICOTEN FIRST NATION



MEMBERS AND GUESTS

You are invited to attend our
Cultural Archaeological Artifacts Ceremony

“Coming Home”



Sacred Fire 4 days starting September 19, 2015 with
Ceremony and Community Feast on
Tuesday, September 22, 2015 at Michipicoten First Nation
Sunrise Ceremony at 6:00 am

MICHIPICOTEN FIRST NATION

Box 1, Site 8, RR 1, Wawa, ON P0S 1K0

Phone 705-856-1993 or Toll Free 888-303-7723, Fax 705-856-1642

www.michipicoten.com

Baby Massage Classes



**September 23 &
September 24
1-3pm
2 Sessions**

Instructor Suzanne Fitzpatrick, Aboriginal Healthy Baby Healthy Children Nurse will teach you how to provide the nurturing touch of massage to your baby. You will learn various techniques and the many benefits of baby massage including:

- **Improved infant-parent attachment**
- **Relaxation leading to better sleep**
- **Awareness of the baby's body**
- **Sensory stimulation**
- **Improved skin condition & circulation**
- **Improved digestion**
- **Reduce crying**
- **Alleviation of colic & teething pain**

Please Register
by calling: Lena @
705-856-1993ext224



Anishinabek Family Care

“Ambe gagwe-gikendandaa ji-anishinaabemoyang”

“Come on, let's learn to speak Anishinaabemowin”



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MICHIPICOTEN FIRST NATION

Ojibwe/Anishinaabemowin Language Courses

Mondays & Wednesdays

6:00 pm-7:30 pm

Starting October 5th, to March 2016

In class & online

Cultural Lodge at MHS

Live Streaming details to follow

For more Information and Registration

Contact: John-Paul Chalykoff or

Christina Bekintis

ALI@michipicoten.com

705-856-1993 ext. 219

Cultural Lodge - 705-856-4464 ext. 67577





SHOW ME HOW & LET'S DO IT!

~Con't - Medicine pouches~



WEDNESDAY, SEPTEMBER 23/ 2015



4 - 5:30PM @ the Cultural Lodge!



VAN leaves MFN at 3:30pm returning at 5:30pm

EVERYONE WELCOME!

**SIGN UP- Please call 705-856-7354 or
705-856-1993 ext 219, for more info.**