



MICHIPICOTEN FIRST NATION



Community Flyer



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Monday, August 31, 2015

Affirmation for the week

Today is Full of Opportunities.

~2015~	Monday Aug 31	Tuesday Sept 1	Wednesday Sept 2	Thursday Sept 3	Friday Sept 4	Saturday Sept 5	Sunday Sept 6
Weather Conditions 6am-6pm							
	Fog patches	A mix of sun & clouds	Sunny	Sunny	Mainly sunny	Mainly sunny	A mix of sun & clouds
High	23°C	24°C	19°C	26°C	24°C	25°C	21°C
Low	17°C	15°C	12°C	18°C	18°C	18°C	17°C
24 hr rain	—	—	—	—	—	—	—



BINGO NIGHT ON THE REZI!

TUESDAY EVENING BINGO SOCIAL

10-PLEX COMMON ROOM

At 6:30pm

**SEE
YOU
THERE!**

Only 16 years of age and older please.

Diabetes Prize Bingo

Thursday, September 17, 2015

Complex @ 6:30pm

Diabetes Education Program

Diabetes Education and Awareness;

- ◆ A1C Testing
- ◆ Luncheon

Friday, September 18, 2015 from 9-1pm

All Welcome!

CLOSED

All Band Buildings will be closed for the Labour Day Statutory Holiday on Monday, September 7, 2015, we will resume our regular business hours on Tuesday, September 8, 2015.

"Have a wonderful Long weekend"



**MICHIPICOTEN FIRST NATION MEMBERS
ARE INVITED TO ATTEND THE
ANNUAL MEMBERSHIP MEETING
THURSDAY, SEPTEMBER 10, 2015 @ 6:00 pm
at
Delta Waterfront Hotel and Conference Centre
BRULE SALON A&B
208 St. Mary's Drive, Sault Ste Marie, ON**

For the presentation of:
Annual Audited Financial Statements
Annual TD Corporate Trustee Report
General Information Session

**** *Door Prizes - Food & Refreshments* ****

MEMBER VACANCIES FOR COMMITTEES

Michipicoten First Nation in accordance to policies established by Chief and Council and Committees of Council (Terms of Reference) welcome Members to participate on Committees. Each new term Chief and Council establish the Council Members and Chair Persons for the committees and where there are "member" vacancies, invite membership, both on and off reserve to participate on the committees. At this time, these are volunteer positions only. **Member vacancies are for members not currently on Council.** The following are vacancies on committees. If you are interested in participating, please submit your name and reasons for sitting on a respective committee in writing to Carol Sanders, Band Manager at Michipicoten First Nation, Box 1, Site 8, RR1, Wawa, ON P0S 1K0. *Email responses will not be accepted.* Please submit your information A.S.A.P. The letters will be presented to Chief and Council who will appoint members to respective positions on Committees. The following Member vacancies of the Committee cannot be currently employed by the First Nation or be on the MFN Community Trust or employed by the MFN Community Trust.

ECONOMIC DEVELOPMENT COMMITTEE

Two (2) Band Members

EDUCATION COMMITTEE

One (1) Band Member who does not reside on reserve

One (1) Band Member (between the ages of 18 & 29)

HOUSING COMMITTEE

Two (2) Band Members

FINANCE COMMITTEE

One (1) Band Member

HEALTH & SAFETY COMMITTEE

One (1) Community Member

Short-Term Job Opportunity

2 People Needed for Danthonia Seed Harvesting beginning September 8th, ending before the end of September.

\$20.00/Hour for a total of approximately 50 hours of work available for each person.

Gas powered seed harvesters will be available, or you can hand harvest and bag seeds.

Requires: CSA approved steel toe boots, other PPE will be provided
Your own vehicle or access to a vehicle to get to local harvesting sites.

To apply, call or visit Lynn Lavigne, Economic Development Officer 705-856-1993 ext. 227 **by Friday, September 4th, 2015**

This is an extension of the same project that was conducted in the Summer of 2012. Danthonia seed is collected for re-greening efforts in transmission line corridors.

Chicken Taco Bowls

This chicken taco bowl recipe uses the underside of a muffin tin as a mold to bake cute little homemade “tortilla bowls.” The “tortilla bowls” are filled with a zesty chicken filling and topped like nachos. If you have 2 large muffin tins, you can make all 8 “bowls” at once. Bake them in the upper and lower thirds of the oven, rotating top to bottom about halfway through baking.



- 8 6-inch corn tortillas
- Canola oil cooking spray
- 12 ounces boneless, skinless chicken breast, cut into 1/2-inch pieces
- 1 teaspoon garlic powder
- 1/4 teaspoon salt
- 1 tablespoon canola oil
- 1 cup prepared green salsa
- 1/2 cup shredded sharp Cheddar cheese
- 1/2 cup reduced-fat sour cream
- 1 cup thinly sliced lettuce
- 1 medium tomato, chopped
- 2 tablespoons sliced ripe black olives

Preparation

1. Preheat oven to 375°F.
2. Heat tortillas until warm (see Tips). Coat each side of 4 tortillas with cooking spray. (Keep the remaining 4 tortillas covered.) Turn a 12-cup muffin tin upside down. Nestle a tortilla in the space between 4 cups to form a “bowl” (see Tips). Repeat with 3 more tortillas, making 4 bowls total. Bake until firm and beginning to brown, about 15 minutes. Transfer to a wire rack to cool. Repeat with the remaining 4 tortillas.
3. Meanwhile, toss chicken with garlic powder and salt in a bowl. Heat oil in a large skillet over medium-high heat. Add the chicken and cook, stirring, until it is no longer pink on the outside, about 3 minutes. Add salsa and cook, stirring, until the chicken is no longer pink in the middle, about 3 minutes more. Cover and remove from the heat.
4. Fill each tortilla bowl with about 1/4 cup of the chicken mixture. Top with 1 tablespoon each cheese and sour cream, 2 tablespoons each lettuce and tomato and a few olives.